Lunch Menu

A 10% discretionary service charge will be applied to your final bill.



The Heart of the House

Kathleen's Kitchen is a contemporary take on the tradition of culinary excellence at Carton House, A Fairmont Managed Hotel. From Lady Emily's letters, we know that the original housekeeper of Carton House was a friend and confidant. "Kathleen" fulfils this role for a new audience, taking care of her guests and creating a space where as well as your body, you nourish your heart and soul too.

This is a place that echoes the excitement of the kitchens in the 1700s, the buzz and activity of what was once the heart of Carton House. As you look around the old servant's kitchens, you can see the original features, the striking cast iron stoves that give the restaurant its unique character. You can just about imagine the flurry of activity before a dinner party in The House, or the servants sharing a drink together after hours under the warm glow of candlelight.



Small Plates	
Local greens Sharp lemon dressing, Iona Farm vegetables, wild herbs	13
Local spring vegetable broth Heirloom tomato toast	14
New season asparagus White bean puree, Carton Estate foraged wild garlic	16
Grilled Dublin Bay prawns (served whole) Watercress, sugar snap, smoked bacon, citrus vinaigrette	20
Kathleen's Rustic Sandwiches	
Grilled Hegarty's farmhouse cheese toastie House pickled onion	16
Limerick ham and Hegarty's farmhouse cheese toastie	18
Toonsbridge mozzarella and heirloom tomato baguette Basil, pickled shallot	18
<u>Charcuterie</u>	
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Freshly sliced thinly on our Berkel - 12 per 50g

Irish coppa

3-month aged shoulder of free-range pork

Culatello

14-month aged from Parma

Bresaola

3-month aged beef from the Lombardy region of the Italian Alps

Irish fennel salami

5-month aged free range pork

Served with organic sourdough bread and pickles. 'Free from' bread also available upon request.



Large Plates

	
Toasted barley 22 / To share - Carton estate wild nettle, ashed goats' cheese, potato skins	- 38
Kathleen's pie of the day Ask your server for today's selection	29
Kilmore Quay Harbour cod Parsley crumb, asparagus, new potato, Carton Estate foraged wild garlic	32
Beech smoked Jacobs ladder Carton House whiskey glaze, crushed potato, celeriac salad	36
Sweet	
Selection of ice-cream and sorbets	9
Mead cake Rhubarb, elderflower, buttermilk sorbet	12
Chocolate and peanut butter delice Mascarpone ice-cream	12
Irish coffee opera cake Whiskey ice-cream	12



Allergens

All produce is prepared in an area where allergens are present. For those with allergies, intolerances and special dietary requirements who wish to know about the ingredients used please ask a member of the team.

We also have an allergen matrix available for your information, simply ask a member of our team to view.

Suppliers

Fish

Sustainable Seafood Ireland, Dublin

Vegetables

Iona Farm, Flynn's Farm and Keelings Farm, Dublin Ballymakenny Farm, County Louth

Meat

McLoughlin's Butchers, Dublin

Poultry

Feighcullen Farm, Feighcullen, County Kildare

Charcuterie

The Wooded Pig Farm, Tara, County Meath and Mario Fontana Foods. Dublin

Dry goods, dairy, cheese La Rousse Foods. Dublin

Herhs

Little Cress Microgreens, Fairyhouse, County Meath

Bread

Tartine Organic Bakery, Baldoyle, Dublin



Barmbrack recipe

Ingredients

200g currants
200g sultanas
300ml strong tea
50ml whiskey (or another 50ml tea)
25g mixed peel, roughly chopped
25g glace cherries, quartered
25g blanched almonds, roughly chopped
150g light muscovado sugar
210g plain flour
2 tsp baking powder
1 tsp mixed spice
½ tsp ground nutmeg
¼ tsp fine salt
1 egg, beaten

Method

Put the currants and sultanas in a large heatproof bowl, pour over the tea and whiskey, if using, then leave to soak for at least six hours.

Heat the oven to 180C, grease and line a 13cm \times 20cm loaf tin. Stir the peel, cherries and almonds into the soaked fruit.

In a second bowl, whisk together the sugar, flour, baking powder, spices and salt, making sure you break up any lumps in the sugar, then stir into the fruit with the beaten egg.

Tip the loaf mix into the tin, smooth the top and bake for 90 minutes, until a skewer comes out clean. If the top looks to be going too dark or burning on top towards the end, cover with foil.

Take out of the oven, leave to cool in the tin for 15 minutes, then turn out on to a baking rack.





Irish Bottled Beer/Cider

Carton House beer County Kildare	6.8
Stonewell Cider 330ml County Cork	6.9
Bulmers Cider 330ml County Tipperary	6.9
Galway Hooker Pale Ale 500ml County Galway	7.5
Stag Rua Red Ale 500ml County Cork	7.5
Stag Stout 500ml County Cork	7.5
Foxes Rock IPA (gluten free) County Carlow	7.2
Wicklow Helles Munich Lager 500ml County Wicklow	7.5
Non-Alcoholic	
Heineken 0.0 Holland	5
Erdinger 0.0 Ireland	5
Stonewell Cider 0.0 Ireland	5
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<u>Draught</u>		
	½ Pint	Pint
Guinness Ireland	3.6	6.5
Heineken Netherlands	3.95	6.9
Hop House 13 Ireland	3.95	6.9
Rockshore Cider Ireland	3.95	6.9
Rye River Pale Ale Ireland	4	7
Birra Moretti Italy	4	7.3



Champagne & Wine

Champagne	Glass	Bottle
Champagne Brut, Laurent-Perrier, NV Champagne-France	22	110
Champagne Rosé, Laurent-Perrier, NV Champagne-France	29	160
White	Glass	Bottle
Vinho Verde, Escapada 2018 Vinho Verde-Portugal	9	36
Cote du Rhône Blanc, Olivier Ravoire, 2019 Rhône-France	10	40
Pinot Grigio, Ai Palazzi 'Dorsoduro', 2018 Veneto-Italy	12	46
Touraine Sauvignon Blanc, Château de la Roche, 2018 Loire - France	12.5	48
Albarino, Terras Gauda, 2019 Galicia - Spain	15	58
Rully Blanc, Joseph Drouhin, 2018 Burgundy - France	17	64



Glass **Bottle** Rosé Château Sainte-Croix Magnolia, 2018 11 42 Côtes de Provence - France Red Glass **Bottle** Merlot, Saint Marc, 2020 9 36 Languedoc-Roussillon - France Bordeaux Rouge, Château Mondain, 2018 10 39 Bordeaux - France Santalba, Vina Hermosa, 2017 11.5 42 Rioja - Spain Malbec, La Mascota, 2017 12 46 Mendoza-Argentina Pinot Noir, Joseph Drouhin, 2019 14.5 55 Burgundy - France Chianti Rufina Riserva, Nipozzano, 2016 18 70 Tuscany - Italy



Soft Drinks & Juice	
Soft drinks	4.2
Fresh Juice	4.2
Orange	
Cranberry	
Carton House bottled juice & lemonade	4.5
Apple juice	
Apple & blackcurrant juice	
Cloudy lemonade	
Pink lemonade	

Mineral Water

	330ml	750ml
Oscar Wilde still water	4	8
Oscar Wilde sparkling water	4	8
Evian still water		8.7
San Pellegrino sparkling water		8.7



Coffee	
Espresso	4.5
Double espresso	5.5
Americano	5.5
Cappuccino	5.5
Latte	5.5
Flat white	5.5
Mocha	5.5
Hot chocolate	5.5
Macchiato	5.5
Double macchiato	6.5
Small cafetière	8
Large cafetière	12
Jing Tea	
Carton House breakfast tea	5
Earl Grey	5
Jade Sword	5
Peppermint	5
Chamomile	5
Organic White Peony	5
Mills options	

Milk options

Full fat | low fat | almond | soya | oat

